

#### MONDAY

8:30-9:30 am sunflower flow 12:00-12:45 pm sunflower meditation/yoga nidra express

### TUESDAY

5:30-6:30 pm sunflower flow

### WEDNESDAY

8:30-9:30 am sunflower flow 12:00-12:45 sunflower gentle yoga express 5:30-6:45 pm sunflower restorative yoga

### THURSDAY

8:30-9:30 am sunflower gentle yoga

### **FRIDAY**

9:00-10:00 am sunflower flow

# SATURDAY

7:30-8:30 am weekend warrior flow 9:00-10:15 am sunflower gentle yoga

## BY APPOINTMENT

Private Sessions for Meditation, & Yoga

www.SunflowerYogaHutch.com

### PRICING

(all prices subject to tax)
Single class (60 min+) \$15
10 classes (60 min+) \$150

Express Class (45 min) \$12 10 Express Classes \$120

Unlimited monthly yoga with 3 month autopay \$115/month

1 year unlimited yoga \$1,040

# Which package is best for you? How often do you attend? One 60 minute class a week

One 60 minute class a week

Best option for you

10 classes for \$130, expires in 4 months

One to Two express classes a week

Best option for you

10 express classes for \$100

Two or more 60 minute classes a week

Best option for you

1 month unlimited yoga for \$120

If you plan on a combination of more than three classes/week

Best option for you

1 month unlimited yoga for \$120 or
1 year unlimited yoga \$1,040

Call Sunflower Yoga for information regarding private sessions.

# www.SunflowerYogaHutch.com

Schedule subject to change. Check website for updates and special events.



Sign up for classes on the go with the MindBody App.

111A West 2nd Avenue • 316.841.9561

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